



UK Shaolin Temple Anti-Doping Policy

JULY 2013



As a National Governing Body for Chinese Martial Arts, the British Shaolin Temple Association (BSTA) Anti-Doping Rules comply with the World Anti-Doping Association and UK Sport model as implemented in 2009.

When an individual becomes a member of BSTA they agree to abide by these rules:

- Whenever a BSTA member trains in any Chinese Martial Art under the BSTA, they must not use any substance included on the 2011 Prohibited List (WADA). If any member who is suspected of taking a prohibited substance may be subjected to independent testing and appropriate disciplinary action at the BSTA's discretion.
- When a BSTA member competes at an elite national or international standard all competitors will be subjected to testing procedures as outlined by UK Anti-Doping (UKAD). Members must not take any prohibited substance which will enhance their performance; these banned substances are outlined on the 2011 Prohibited List (WADA).
- It is the member's responsibility to check all their medication to see whether it includes any substance included on the Prohibited List.
- If a member's medication includes a substance on the Prohibited List, they will need to apply for a Therapeutic Use Exemption (TUE) (competitors only).
 - In order to apply for a TUE, you will need to contact the BSTA Doping Control Officer (details below) to claim a TUE application form. In order to complete the form you will need your doctor's signature. Once completed, it must be returned to the BSTA Head Office and once it has been checked by the Doping Control Officer, it will be sent to UKAD for approval.
 - When applying for a TUE, UKAD will give the athlete an online account and the athlete is required to enter information of their 'whereabouts'. Failure to comply with these conditions will result in an Anti-Doping Violation.
 - For members whose medication is included on the Prohibited List and they are not competing but training in a BSTA registered school or club, they will need to provide a note from their doctor (including their signature) to confirm the necessity of the medication. These notes should be submitted to the Doping Control Officer.
- If any members are found violating these rules, they will receive disciplinary action as outlined by the World Anti-Doping Code and the UKAD Rules (competition only).
- If any members are found violating these rules whilst in training, they will receive disciplinary action at the discretion of the BSTA Executive Committee.
- If any BSTA member needs information about the Anti-Doping measures or the WADA International Standards, please contact the Doping-Control Officer.

BSTA Doping Control Officer – Mark Colton: mark-colton@bsta.org.uk

BSTA Head Office Address: 9 Benbow Gardens, Calmore, Southampton, Hampshire, SO40 2SX.